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October 1997

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The Learning Annex®

TURN OVER A NEW LEAF THIS FALL

With 208 Courses from
Spirituality to Relationships,
from Business to Fun!

How to Become a Personal-Fitness Trainer

With the Fitness Coordinator
for LA Fitness

If you love to work out and would like to turn it into a career, then consider becoming a personal-fitness trainer. Qualified trainers are always in demand — and the money and perks are outstanding!

This seminar will teach you everything you need to know to become a skilled trainer with a flourishing business. You'll get valuable information on certifications and qualifications, plus learn how to: • Set up your business • Find a location • Attract clients • Set rates • Avoid common pitfalls • Survive in a health club • Grow and improve as a trainer and business owner • And more! Here's a great way to earn money, be your own boss and keep physically fit — doing something you love!

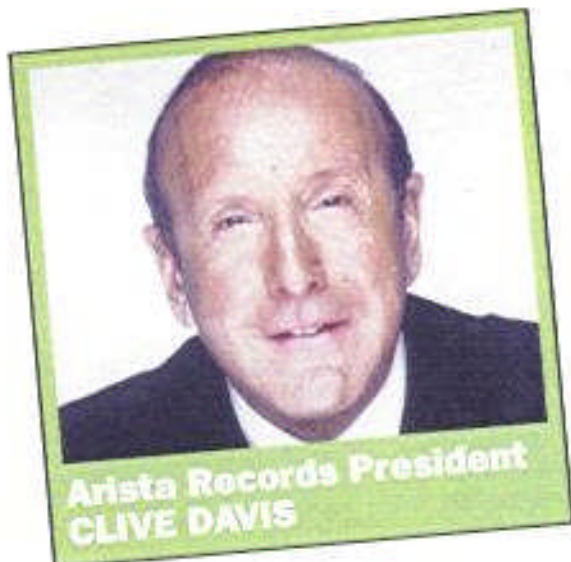
John Platero, CPT, MES, has over 20 years' personal-training experience. He is the fitness coordinator for LA Fitness and director of the LA Fitness Personal-Training School.

Course 665		Westside
Sec. A	Mon, Aug. 4	6:30-9:30pm
Sec. B	Mon, Sept. 8	6:30-9:30pm
Sec. C	Mon, Oct. 6	6:30-9:30pm

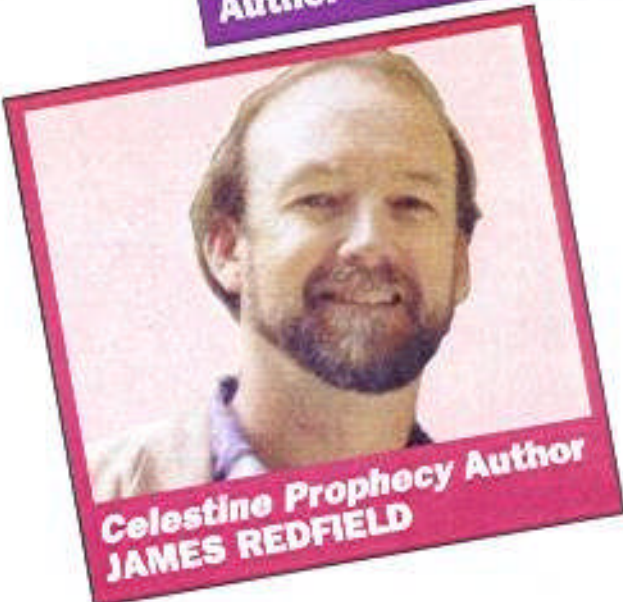
Course fee \$39 / Members course fee \$34



Anatomy of the Spirit
Author CAROLINE MYSS



Arista Records President
CLIVE DAVIS



Celestine Prophecy Author
JAMES REDFIELD